THE PERFECT START TO YOUR CAREER

PHYSIOTHERAPY AT NHFT

01536 748091

www.nhft.nhs.uk/physiotherapy

#weareNHFT
PHYSIOTHERAPY AT NHFT

Northamptonshire Healthcare NHS Foundation Trust (NHFT) is an exciting and innovative NHS Trust with a diverse range of experience available for newly qualified physiotherapists.

It has an extensive range of services and is well equipped to meet your development needs and support you further in your career.

Available experience covers a range of physiotherapy areas, with ongoing learning and development at the heart of the organisation.

This includes; funded external courses, links to universities and training institutions, funding for post graduate qualifications and services featuring internationally recognised clinical specialist physiotherapists. There is work underway also for MSc level apprenticeships.

Currently we have both static and rotational vacancies on offer and are flexible with our approach. There is something for everyone.

MUSCULOSKELETAL (MSK) SERVICE

The MSK service is the biggest of the physiotherapy services within the Trust covering five large outpatient departments in community settings and boasts over 100 physiotherapists. This service is the sole provider for spinal physiotherapy rehabilitation in the county and has approval for implementation of the MSK First Contact Practitioner within primary care in Northamptonshire.

You will encounter a wide range of conditions including; peripheral, spinal, orthopaedics, rheumatology, mental health, elderly rehabilitation and athletic injuries of varying levels.

We have a monthly structured in service and well established junior training programme and induction.
Each department has its own Extended Scope Practitioner (ESP) Physiotherapist who is the clinical lead for that department. Some of our ESP’s teach on university modules, are fellows of national societies and are recognised nationally.

Our ESPs also work closely with GP’s and in joint clinics with spinal, rheumatology and UL/LL orthopaedic consultants to ensure a streamlined model of care for our patients and excellent learning opportunities for staff. We provide an MSK clinic in Northampton General Hospital A and E where we treat acute MSK injuries.

**ROTATIONAL EXPERIENCE**

Our junior rotational posts are varied and have recently been extended to ensure our junior physiotherapists gain the wealth and depth of experience they need to progress and have a successful career. These rotations may well be extended and broadened even further over the next year as the Trust develops.
WOMEN’S HEALTH
Within our MSK teams we have several specialised women’s health physiotherapists, who treat both men and women for pelvic floor dysfunction, continence, pelvic dysfunction and ante/post-natal pain and conditions. This part of the service may expand further and will be linked with specialist continence nurses and both primary and secondary care.

PAEDIATRIC PHYSIOTHERAPY
The Paediatric Physiotherapy Team treats children both in the community setting as well as the acute hospitals. It sees a variety of conditions varying from developmental, neurological, orthopaedic, rheumatological, functional and MSK.

It also has a specialised children’s referral centre, which means a single point of access for referral for children, meaning you will work closely with OT’s, psychologists, speech and language therapists and community nurses in this role.

ADULT COMMUNITY REHABILITATION
NHFT runs several bedded rehabilitation units across the county; here you will gain rehabilitation experience in post stroke patients and medical/falls patients. We also treat amputee patients giving you a unique opportunity to develop physiotherapy skills in this area. These units are consultant-led and rehabilitation teams are closely knit multi disciplinary teams encompassing specialist physiotherapists, specialist occupational therapists and rehabilitation assistants.

COMMUNITY PHYSIOTHERAPY - LONG TERM REHABILITATION
The community physiotherapy team has recently expanded and is part of a county wide community therapy service. Here, there are opportunities to treat a wide variety of patients in their home as well as, specialist and outpatient settings. Patients treated within this service would
include those suffering from long term conditions and neurological conditions such as RA, OA, MS, Parkinson’s, post CVA, falls, vestibular problems, functional disorders, chronic pain and long term reduced mobility. This team also works with the Community Brain Injury team, offering further neuro rehabilitation experience available with the support of a specialist MDT in the community.

**INTERMEDIATE CARE TEAM (ICT)**

A community physiotherapy team sits with ICT, a fast paced dynamic community team made up of specialist nurses, OT’s, rehab assistants and physiotherapists. Physiotherapists within this team work within the two acute hospitals assessing patients
for discharge and assisting with discharge planning, as well as carrying out post discharge from hospital rehabilitation in a home setting.

They also contribute to admission avoidance working with the rest of the team to assess and treat people at risk of admission in their own homes. In this team you gain experience of MSK, orthopaedic and elderly patients.

**ACUTE EXPERIENCE**

Our acute rotations are based at Northampton General Hospital; these include treating respiratory, stroke, surgical/medical and orthopaedic patients. Northampton General Hospital has a vast inpatient physiotherapy team with excellent junior support protocols and will allow you to experience the acute side of physiotherapy. We are committed to working closely with our acute partners in ensuring the future development of our physiotherapists and theirs to ensure a skilled and high level work force for the future.

**MENTAL HEALTH**

Berrywood Hospital based in Northampton, is an inpatient hospital for mental health patients. As well as this we have mental health rehabilitation wards based at St Mary’s Hospital, Kettering. Although a smaller provision, there are also physiotherapists working throughout these services and this presents an opportunity to gain more specialised experience on a rotational basis.

We have a range of flexible static and rotational vacancies on offer.
INTERESTED?

If you are interested please contact Maureen Bartlett, Physio MSK Admin on 01536 748091 or email Maureen.Bartlett@nhft.nhs.uk for more information on how to apply.

We will be holding our own recruitment day on **May 18 at Highfield Clinical Care Centre, Cliftonville, Northampton, NN1 5BD** which we will send details out to all local universities nearer the time so please look out for this.